

RESOURCES AND SUPPORT GROUPS FOR GRIEVING PEOPLE

This is only a partial listing. Many mental health services, hospitals, hospices, churches, funeral homes, and cemeteries have information on local groups. Groups change frequently, so be sure to call for current times and locations first. If you become aware of any changes, we would be very grateful to hear from you so we can update this list. THANKS!

CHILDREN GRIEVING A DEATH

CHILDREN'S GRIEF EXPRESSION THROUGH ART – Hospice of N Ky – Michelle Williams (859) 441-6332 or mwilliams@hospicebg.org. For children experiencing the death of a loved one. Through the use of art based interventions, children will be encouraged to express their grief, fostering "death understanding, coping and memorialization." Call for dates and times. Florence, KY.

CHILDREN'S PROGRAM – Cancer Family Care – Susan Fletcher (513) 731-3346 ext.113. Individual and family bereavement counseling for children and their families who have experienced the death of a loved one related to Cancer. Various groups provided as needed. Call for additional information. Clifton/Clermont-Brown County/Warren County/Northern KY. Also available to meet with children in schools.

FERNside: Supporting Children & Families Through Grief – (513) 745-0111. FREE peer support groups facilitated by trained volunteers for children ages 3-18 who are grieving the death of an immediate family member, extended family member or friend due to any cause. Parents/guardians meet at the same time but separately. Other services: telephone support, Resource Center, Community Outreach, website www.fernside.org. Anderson, Blue Ash, Hamilton, West Side.

MENDING HEARTS – Corless Doxie (513) 941-2327, or (513) 884-2327. Provides peer support for children experiencing a loss due to the death of a loved one. Meet on the 2nd & 4th Tuesday of the month, 6:30pm pizza; group at 7:00pm. Hamilton, OH.

CATHOLIC CHARITIES SOUTHWESTERN OH - Sandy Keiser (513) 241-7745. Provides peer support for children experiencing a loss due to death, divorce or other significant losses. Times and schedules are determined by location.

S.T.A.R.S. GRIEF SUPPORT FOR KIDS - St. Elizabeth Hospice & Linnemann Funeral Homes - Marsha Linnemann, or James Ellis (859) 301-4611. Support groups for children & teens ages 4-17 and their caregivers who have experienced the death of a loved one. 1st & 3rd Tues, Crestview Hills KY. Day Care available for under 4 years. Young Adult Group ages 18 to 30 begins June of every year.

YOUNG PEOPLES BEGINNING EXPERIENCE – Karen Boeddeker, (513) 931-0549. Offers 1-2 weekend retreats per year. Additional activities scheduled throughout the year. Hoping to give tools to teens to help them through the grieving process due to separation, divorce and death.

PARENTS GRIEVING DEATH OF A CHILD

COMPANIONS on a JOURNEY – CHILD LOSS GROUP – Sheila Munafo-Kanoza (513) 870-9108. Group for adults who have lost a child. 1st & 3rd Wed., 7-9pm, West Chester.

THE COMPASSIONATE FRIENDS: 24-hour Information Line (513) 629-9598

West Chapter: Susan Carlson (513) 821-9707, 1st Monday, Mercy Franciscan Terrace. 7:30pm start time or 7:00pm for new families.

East Chapter: www.tfcincy.com - 4th Tuesday, St. Timothy's, Anderson. 7pm.

A national, mutual assistance, self-help organization offering friendship and understanding to bereaved parents, grandparents and adult siblings.

GRIEVING PARENTS Support Group - Tri-Health – Marybeth Cooper (513) 872-1163. Support group for parents who have lost an infant through miscarriage, stillbirth or early infant death. 4th Wed, 7:30pm, Pleasant Ridge Presbyterian Church.

HOPE: Helping Overwhelmed Parents Endure - St. Elizabeth Hospice – James Ellis (859) 301-4611. Support group for parents who have lost an older child. Call for more information. 2nd Mon, 6:30pm, Crestview Hills KY. www.parentshope.com. HOC – Edgewood, KY. St. Elizabeth Medical Ctr.

MENDING HEARTS – Sally Westendorf (513) 584-7037. Support available for parents who experienced stillbirth, miscarriage, ectopic pregnancy or neonatal death of a child. 2nd Wed, 7-9pm, University Hospital.

PARENTS OF CHILDREN WHO HAVE DIED OF SUDDEN INFANT DEATH SYNDROME (SIDS) – Amy Simpson (513) 636-5546. Non-profit, volunteer organization providing support services to families & friends of SIDS children. Call for dates and times. Children's Hospital.

PEACE (Parents Endure Addiction Consequences Everyday) – Cancer Family Care – Charlotte Wethington (859) 356-3285. Provides support for individuals who have lost a child of any age from the disease of addiction. 1st Tues, 7:00pm-8:30pm, Eggleston United Methodist Church, Erlanger KY 41018. Peer lead group.

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PERINATAL/NEONATAL LOSS GROUP – (513) 870-9108. Designed to help those parents who have suffered the death of a child either through miscarriage to birth or the first year of life. 3rd Tues. of the month. 7-9pm. Liberty Township.

REACH OUT TO GRIEVING PARENTS – Grace DeGregoria (513) 791-1160. Peer support led by parents who have lost a child due to miscarriage, stillbirth or newborn death. 3rd Tues of each month, 7:30pm. Christ Hospital.

YOUNG MEN'S BREAKFAST – (859) 301-4611. Working age widowers. 3rd Friday of each month. At Colonial Cottage – Erlanger, KY. 7am.

ADULTS GRIEVING A VIOLENT DEATH

ADULT DAUGHTERS – Call Vivan @ (859) 301-4612. Daughters that have experienced the death of a parent. Wednesday evenings. Registration required.

MADD (MOTHERS AGAINST DRUNK DRIVING) - Andrea Rehkamp (513) 769-6800. Materials, support and advocacy for victims of drunk drivers can be obtained by calling the hotline. 4015 Executive Park Drive, Suite #215, 45241

NATIONAL CRIMINAL JUSTICE REFERENCE SERVICE (www.ncjrs.org) 1-800-851-3420 (formerly the Victim Resource Center)

STATE OF OHIO ATTORNEY GENERAL'S OFFICE, CRIME VICTIMS COMPENSATION 1-800-582-2877 (formerly called Ohio Victim's of Crime) Missing Children's Clearing House 1 (800) 843-5678.

PARENTS OF MURDERED CHILDREN (POMC), National Office – Bev Warnock (513) 721-5683 or 1-888-818-7662. A peer-led, self-help support group. Various times & locations throughout the area. Cinti. Local Chapter Nancy Baker – (513) 521-7190. 3rd Thur. of each month. 6:45pm. Remax office – Mason. www.pomc.org.

SURVIVORS AFTER SUICIDE – Betty Scholle (513) 385-6110. A peer-led, open support group for people who have lost a loved one to suicide. 3rd Mon, 7-9pm. Franciscan Terrace. Compton Rd.

SURVIVORS OF SUICIDE - Carol Himes (859) 441-1958, Mary Buchanon (859) 781-1308. A peer-led, open support group for people who have lost a loved one to suicide. 1st Tues, 7-9pm. Christ Church United Church of Christ, Ft. Thomas, KY.

SURVIVORS AFTER SUICIDE – Bobbi Wagner (513) 933-9149 or pjwagnergolf@yahoo.com. Countryside Community Church (1436 Deerfield Rd., Lebanon). Swisher Rm. From 7-8:30pm. 3rd Tuesday of each month.

SURVIVORS AFTER SUICIDE – Dusty Hodges (513) 533-4141. Hyde Park Bethlehem (3799 Hyde Park Ave., Cincinnati). 2nd Tuesday of each month. Meets from 7-9:00pm.

YOUNG ADULTS GRIEVING A DEATH

YOUNG ADULT GRIEF SUPPORT GROUP – Linneman Funeral Homes & St. Eliz Hospice, STARS program . Co-directors, Marsha Linneman or James Ellis (859) 292-0244. A bereavement support group for young adults (18+) who have lost a loved one. Call for location and times. Summer group. Phone follow-up in between.

COPING WITH A SERIOUS ILLNESS/ANTICIPATORY GRIEF

American Foundation for Suicide prevention of Greater Cincinnati – Liz Atwell (513) 752-7040 www.afsp.org. Offers educational materials and conferences for survivors, mental health professionals, physicians and the public. 3rd Monday of each month, 6-7:30pm.

STOP AIDS (Formerly AVOC) – Amy McMahon (513) 421-2437. Free, confidential support for those who are HIV challenged. HIV testing. Prevention education.

CANCER FAMILY CARE, Children's Programs – Terri Freshley (513) 731-3346. Adult Programs – Carol Huber (513) 731-3346. Counseling & educational services for children, adults and family coping with Cancer.

Family Life Center – Diane Kinsella (513) 931-5777. Tues. nights for 6 weeks. 7-9:00pm. Offered 4 times a year. Call for dates. Finneytown.

LIFE TRANSITIONS – The Wellness Community – Bonnie Crawford (513) 791-4060. For those who are experiencing the death of a loved one from cancer. Meets on the 2nd & 4th Tuesday of each month, 6:30-8:00pm at the Wellness Community, 4918 Cooper Rd., Blue Ash.

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ADULTS GRIEVING ANY DEATH – (non-church related groups/services)

ACT: ADULT CHILD TRANSITIONS – St. Elizabeth Hospice – James Ellis (859) 301-4611. Support for adults who have experienced the death of a parent. 2nd & 4th Mon, 6:30-8pm. Gloria Dei Lutheran Church, Crestview Hills, Ky. Journey to Grief – Adults who have experienced the loss of a loved one. 6 week program.

ADULT BEREAVEMENT SUPPORT GROUPS – Hospice of Cincinnati – Alan Gruber (513) 686-8120, Polly Peterson (513) 686-8122 or Claire Peasley (513) 686-8121. Six-Week Afternoon Support Group, Ongoing Afternoon Group Six-Week Evening Support Group and Special Days Workshops offered on grief-related topics. Call for dates, times and location information.

BEREAVEMENT SUPPORT GROUP - Mercy Hospital Fairfield – (513) 870-7129. Offers support for bereaved persons. 3rd Tuesday, 7-8:30pm. Fairfield.

COPING WITH GRIEF - Mercy Hospital Anderson – Rev. Marty Hoffman (513) 732-8383. Support for bereaved persons. 2nd & 4th Tues, 7-8:30pm. Anderson.

DEALING WITH GRIEF: A JOURNEY TO HEALING – Cancer Family Care – Kathy Teipen (513) 474-6907. A 9-week Adult grief support group for anyone who has lost a loved one. Date, time and place vary.

FOR THOSE EXPERIENCING THE LOSS OF A LOVED ONE - Neidhard-Minges Funeral Home - Jeannette Witsken (513) 922-5723, Janet McGrath (513) 574-9653. A support group for those who have lost a loved one. 1st Sun, 1-3:00pm. 3155 Harrison Avenue.

GOOD GRIEF – Dearborn County Home Health & Hospice – Tim Heller (812) 537-8192 or 1-800-676-5428. A bereavement support group open to the public. Meets for 8 sessions (Apr./Sept.) Holiday grief program (early November. Monthly Luncheon support group to start soon. Lawrenceburg, IN.

GRIEF'S JOURNEY – Hospice of Northern Kentucky – Michelle Williams or Marshae Ohms (859) 441-6332. Support for those who have lost a loved one in the last year. Call for dates and times. Florence, KY.

GRIEF SUPPORT GROUP – Chris or Flo Beall (513) 931-5777. Brings together people who share the loss of a loved one, to get help and gain an understanding of the grieving process. Call for when next group starts.

GRIEF SUPPORT GROUP – Bethesda North Hospital – Rev. Frank McClure (513) 745-1194. A support group for bereaved adults, led by a certified bereavement facilitator. Meets for 9 sessions, 2x per year. Thursdays, 7-8:30pm. Call for more info. Bethesda North Hospital.

GRIEF SUPPORT GROUP – Family Life Center – Diane Kinsella (513) 931-5777. Group for people who have lost a loved one. Time limited, offered 4 times per year. Finneytown. Tuesday nights for 6 weeks.

GRIEF SUPPORT GROUP – Hospice of Cincinnati – Alan Gruber (513) 686-8120. Special groups for those who have lost a loved one due to illness. Special topics addressed each session. Call for date, time and location. Reservations requested.

GRIEF SUPPORT GROUP – Mercy Franciscan – Sr. Donna DeMange, Chaplain. (513) 853-4054. Support for those who have lost a loved one or friend. (Majority of participants are older.) 8 sessions. Mondays, 7-9pm. Mt. Airy Campus.

GROWING THROUGH GRIEF – Ft. Hamilton Hospital - (513) 867-2584. A program for adults who are grieving the loss of a loved one. There are 5 sessions: The Five Tasks of Grief Work; Healing Guilt; Fear and Anger; Infections of the Grief Wound and Living With Our Losses -The Next Move. All sessions are held in the hospital.

HEALING GRIEF WORKSHOP – Michelle Williams (859) 441-6332. Day long retreat for anyone who has lost a loved one.

JOURNEY THROUGH GRIEF – St. Elizabeth Hospice - James Ellis, Hospice Chaplain (859) 292-4916. A support group for those who have lost a loved one. 4th Thurs, 6:30-8pm in Crestview Hills, Ky and 1st & 3rd Mon, 9:30am in Grant County.

MAKING TODAY COUNT – Clermont Senior Services – Linda Tennison (513) 724-1255. For those experiencing any type of loss. 2nd Wed, 1:30-3pm. SEM Villa Retirement Center, Milford.

MOTHER LOSS SUPPORT GROUP – Hospice of Northern Kentucky – Michelle Williams or Marshae Ohms (859) 441-6332. Support for women who have lost their mother in the past two years. Call for dates & time. Florence, Ky.

OPEN GRIEF GROUP: Parent/Sibling/Friend – (513) 870-9108. A group designed to help anyone who has suffered the death of a parent, sibling or friend. 2nd & 4th Tues. of each month. 7-9pm. Liberty Township.

SURVIVORS AFTER SUICIDE – Liz Atwell (513) 752-7040. Support group for adults who have lost a loved one to suicide. It is free and open to the community. The group is sponsored by the Mental Health Association, Suicide

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Prevention Coalition of Clermont County & the Clermont County Mental Health & Recovery Board. Contact the group facilitator prior to attending, if possible. 3rd Monday, 6-8 p.m. Batavia, OH.

SURVIVORS AFTER SUICIDE - (513) 870-9108. For any adult that has lost a loved one by suicide. 1st Tues. of each month. 7-9pm. Liberty Township.

TRI-STATE HOLISTIC CONGREGATION - Rev. Paul Ravenscraft (513) 520-2510 or Rev. Dan Newman (513) 542-1900. Provides services to people of alternative spiritualities including but not limited to Pantheism, Paganism, Celtic, Norse, Wiccan and Native American traditions. Call for time & locations.

ADULTS GRIEVING ANY DEATH – (church related groups/services)

COMPANIONS ON THE JOURNEY – St. John's West Chester - Kathy McConnell (513) 777-8329. Groups for adults who have lost a loved one. 2nd & 4th Thurs, 7-8:30pm. West Chester.

GRIEFSHARE – Ruth Ewing (513) 677-1231 – Group for adults (all ages) who have experienced any death. Group meets Sept-Dec, breaks for the Holidays and then meets again Jan-Apr. Tues, 7pm. Hope Evangelical Free Church.

GRIEFSHARE: JOURNEY FROM MOURNING TO JOY – Crosspointe Baptist Church – Mary McCabe (513) 528-1740 Non-denominational group for those grieving the death of someone close. The group features biblical teaching on grief and recovery topics. Combines video, seminar & group discussion. 13-week group, 2x per year.

THE JOURNEY OF GRIEF: What Can I Expect? – (513) 241-7745 – Grief is with us in the many big & small losses we experience throughout our lives. It is a necessary part of healing. This program will explore the stages of grief and how to walk through the twists and turns on the journey, to experience a sense of peace.

MISCELLANEOUS

EMERGENCY – Adults - The Univ. Hospital Psychiatric Emergency Service/Mobile Crisis Team - **(513) 584-8577**
- **Children -** Mental Health Access Point (filters calls to CHMC Mobile Crisis Team) - **(513) 558-8888**

DIVORCE - Beech Acres, Aring Institute **(513) 231- 6630**

PET LOSS – Mental Health Association **(513) 721-2910 –** volunteer telephone help and literature

Information and Referrals – 24-hr Family Linkline - (513) 946-LINK (5465)

- **24-hr United Way Helpline - (513) 721-7900**

WEBSITES – www.mentalhealthassn.org – listing of several support groups in the area