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Hope Lives in Gratitude

For the daughters, mothers and women in our community, the topic of women’s health is both essential and deeply personal. Women’s health touches our lives each and every day. However, women’s health also extends beyond our own well-being. It impacts our families—and what impacts our families, impacts our entire community. For this reason, women’s health embodies the very spirit of philanthropy: it reconnects us and reminds us of how grateful we are to the men and women at Good Samaritan who see us through both the challenges and the miracles in life.

I’d like to share with you a personal story. A story about how women’s health has recently impacted my own life and how I now see the world just a little differently. My daughter Dianna is 29 years old and has always been the sort of vivacious young girl that makes a parent proud. Several months ago she said the words many parents hope to one day hear from their adult children: “Mom, you’re going to be a grandparent!” My husband Rick and I were ecstatic, overcome with joy—a word Rick often uses to describe our only child. That day held special meaning for us as it would most parents. However, it also held particular significance for another reason. You see, it had only been six months since Dianna married her soulmate, Chad, and twelve months since she had a routine visit to her gynecologist that was anything but routine. Dr. Sandy Gardner had seen something that other physicians may have just passed off as slightly less than normal. But she wouldn’t settle for that. Dr. Gardner handled Dianna’s care as she would her own child, scheduling a more aggressive review and subsequent procedure to confirm that what she saw was in fact cervical cancer. That extra step, that extra show of compassion, saved Dianna’s life and changed ours forever. Through months of doctor visits, we experienced firsthand how human kindness and expertise can shape our view of the world. How it can lift you up in spite of the difficulties.

Sadly, in April Dianna and Chad lost their baby. It’s a story we all hear too often in this community. But we will not give up. We cannot lose hope. We must find the gratitude within ourselves and use it to power the future. Generations of caring donors have provided us with the resources we need to make a difference each day in women’s health by providing the support we need to battle obesity, diabetes, heart disease, premature birth and infant mortality. Thank you to all the physicians, nurses and especially our Foundation Family of donors who make miracles happen. Together, the future is bright.

With gratitude,

Mary L. Rafferty
President and Chief Executive Officer
Good Samaritan Foundation

Mary Rafferty with Dr. Sandy Gardner
Inside TriHealth

We hope you know that you, our family of donors, change lives every day by helping Good Samaritan and TriHealth fulfill our mission to improve the health status of the people we serve. We also want you to know that your investment is part of a TriHealth-wide strategy to improve the health of the community.

At Good Samaritan and TriHealth, our daily work is driven by our five System Pillar Goals. As you can see, you are critical in this effort. We invite you to continue your partnership with us in Fiscal Year 2019 and beyond as we work for a healthy future for our community.

Fiscal Year 2018 Annual Report

Contributions:

- Foundations ........................................ $909,624 30%
- Individuals ......................................... $914,623 30%
- Business/Corporations .................. $683,026 22%
- Trusts/Estates ...................................... $354,073 12%
- Guild ................................................... $200,198 6%
- Total ..................................................... $3,061,544 100%

Areas of Impact

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<th>Culture/People</th>
<th>Service</th>
<th>Quality/Safety</th>
<th>Growth</th>
<th>Finance</th>
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<tr>
<td>Create an engaged workforce.</td>
<td>Create a consistently exceptional TriHealth patient experience.</td>
<td>Offer exceptional quality and safety to every patient, every time.</td>
<td>Expand the population we serve.</td>
<td>Strengthen our financial health to fund our future.</td>
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Educating the Caregivers of Tomorrow $601,851 14%
Supporting Patients and Families $1,810,866 42%
Caring for the Community $1,225,246 29%
Creating Healing Environments $599,857 14%
Innovating the Future of Care $28,161 1%
Total $4,265,981 100%
Women’s health affects us all. To learn more, we sat down with two of our Foundation Trustees to discover the insights behind their passion for volunteering, philanthropy and the future of health care.

Dan Neyer is the current Good Samaritan Foundation Board of Trustees Chair. When asked about women’s health, he immediately turns to his family: “The three most influential ladies in my life are my mother, wife and daughter. Each of these amazing women has had their lives directly affected by women’s health issues—and by extension, my life and the lives of our entire family have been affected.” Sadly, Dan’s mother passed due to complications from dementia. Through that experience, he witnessed firsthand how men and women have unique needs and why a special focus on women’s health is essential.

Thankfully, his wife and daughter are both healthy today. But Dan tells us the road was difficult: “When my wife began her battle against breast cancer, it was a scary time, as was my daughter’s leukemia diagnosis at only 15 years old. It brought into perspective why genetics, family history and a proactive approach to health care was so important. It also made me realize how lucky we were. Not everyone has access to education or treatment—particularly those in poverty.”

When asked of philanthropy’s role for the future, Dan shares: “My personal pursuit is in doing all I can to build upon the amazing resources at Good Samaritan, to support research and innovations that seek prevention instead of after-the-fact treatment options. If I could encourage one thing from our fellow advocates, it’s that there is urgency to this cause. There are real daughters, wives and mothers in need of help. We must pull together and do more.”

Phyllis Adams is the current Good Samaritan Foundation Board of Trustees Vice-Chair and a longtime advocate for women’s health in Cincinnati. Through her personal experiences as a mother and breast cancer survivor, as well as her work in the community, Phyllis is passionate about supporting women through the Foundation:

“First and foremost, we need to understand that women view their health differently than they did years ago. Today, we’re encouraged to take control of our bodies, to discuss physical, mental and social aspects openly.” She continues: “Not only do we need to consider how female physicians play an important role in interpreting women’s health, but we also need to support the facilities that focus on treating them. And not just treating the patient, but rather the entire family. It really all comes down to the people—the physicians and nurses at Good Sam who make it possible for us to live with the assuredness we need to get well and stay well.”

Phyllis has also reminded us that with the right care, difficult times can lead to miracles: “My two daughters were born at Good Sam, and both were high risk pregnancies. As an inexperienced mother, being treated as if you are part of the hospital’s family left my husband and I with nothing but feelings of intense gratitude and joy. However, the future isn’t so simple for everyone in our community. Unfortunately, there is an entire population of young women who need our support. We need to continue to encourage collaboration in the community. This is what invigorates me and drives me to stay involved.”
The Science of Gratitude

Here at the Foundation, we hear stories almost daily. However, they aren’t always what you’d imagine. We’ve learned that often it’s the little things that make the biggest difference for patients and their families: Physicians taking the time to communicate in a personal and inclusive way. Nurses attending to both mental and physical ailments, sometimes working overtime to bring a bit more clarity, comfort or hope to a family in doubt. Receptionists, cafeteria staff and other Good Sam team members taking just a bit more time to show compassion. These stories of gratitude are in many ways different from stories of thankfulness. Because gratitude is at the heart of everything we do, we thought it would be worthwhile to explore it further. The following are excerpts from a recently published article by health care philanthropy experts Betsy Chapin Taylor and Dr. Robert A. Emmons: *Embracing the Science Behind Grateful Engagement.*

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**The Difference between Gratitude and Thankfulness**

- **The benefit was unexpected and unearned.** Gratitude is sparked when a benefit is provided that was not requested, expected or earned.

- **Receipt of the benefit moves the receiver.** Those experiencing gratitude don’t just take the benefit received in stride. It touches them. It emotionally moves them.

- **The intention behind the good deed matters.** When a recipient feels the action is rooted in genuine care and goodwill because the giver understood and cared about her, she is more inclined to both experience gratitude and to reciprocate the kindness.

- **Gratitude is action-oriented.** Gratitude is an action. The expressions of gratitude go beyond a simple tit-for-tat reciprocity. Gratitude felt can even inspire great acts of charity and philanthropy.

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**Gratitude Connects Us**

According to health care philanthropy expert Betsy Chapin Taylor: "Gratitude doesn’t just light up your face; it also lights up your brain. Neuroimaging of the brain lets scientists visualize how brain regions process information by making areas ‘light up’ on a scan. When someone experiences gratitude, it not only activates the brain’s pleasure and reward center but also affects areas associated with morality, connecting with others and taking their perspective. So, gratitude doesn’t just ‘feel good’ but also compels the recipient to consider the rightness of connecting with others. Thus, scientists characterize gratitude in action as a type of social glue that functions to strengthen relationships between people and to facilitate social bonding that safeguards well-being."

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**Gratitude Heals Us**

“We have the evidence,” Taylor writes: “It’s impressive and growing every day. *Clinical trials indicate the practice of gratitude can have dramatic and lasting effects in a person’s life.* It can lower blood pressure, improve immune function and facilitate more efficient sleep. Gratitude reduces lifetime risk for depression, anxiety and substance abuse disorders. Grateful people engage in more exercise, have better dietary behaviors, are less likely to smoke and abuse alcohol and have higher rates of medication adherence. Gratitude is good medicine!”
How we can work together

At the TriHealth Heart Institute there have been initiatives underway to educate and increase access to care. Helping our community members understand how to control blood pressure, manage cholesterol levels, maintain a healthy weight, exercise daily and eat healthy are all important, but through philanthropy, we can do even more. Through philanthropically funding projects such as the most advanced surgical robots, we have a special ability to direct resources to proactively pursue life-changing innovations.

According to a recent study from the Bill and Melinda Gates Foundation, less than 5% of the global population are in ‘perfect health.’ Take into consideration that there are also invisible disabilities and illnesses, and it’s pretty safe to say there is urgency for understanding and educating ourselves on health issues. Our purpose at the Good Samaritan Foundation is to connect people with the causes they care about—to make a difference in the lives of our families and communities. Together, armed with better understanding and shared purpose, we can continue to provide hope to our region.
2 Opioid Epidemic

Join the effort

Here in Cincinnati, we’re past being on the verge of a crisis. It is estimated that 45% of people who use heroin are also addicted to prescription opioid painkillers, and heroin use has more than doubled among young adults ages 18-25 in the past decade. At the Foundation, we are supporting the Good Samaritan Behavioral Health Department and TriHealth Opioid Task Force to tackle this problem head-on. Please, contact us today if you’re interested in joining the fight.

3 Infant Mortality

You continue to make a difference

Good Samaritan Hospital is known as the premier leader in maternity care. The Foundation is proud to partner with our care teams who are active not only in combating preterm birth and infant mortality, but also in reducing it. Through innovative programs that emphasize community collaboration and social determinants of health, we are improving the health of mothers and babies. If you’re interested in connecting with others who share this passion or wish to hear their stories of hope, we stand ready to help.

Hamilton County’s Infant Mortality Rate is amongst the worst 10% in the nation.

Preterm birth is the leading cause of infant death. In the first 3 months of 2018, preterm birth was associated with 73% of infant deaths.
Incredible Ways to Connect and Make an Impact

Meet other philanthropically motivated individuals, learn about causes we’re meeting head on and join us on our journey to making a difference.

Attend The Good Samaritans’ Gala

Come celebrate the 35th Annual Gala on February 9, 2019 with a theme of Good Luck, Good Health, Good Cheer—Let’s Celebrate Chinese New Year! Your support will help create a Personalized Medicine Program at the TriHealth Cancer Institute at Good Samaritan Hospital, which will save lives by improving diagnostics and treatment strategies that are unique to each person.

Volunteer

Join one (or both!) of our affiliated volunteer organizations: The Good Samaritans and Good Samaritan Hospital Guild. Contact us for additional opportunities to make a difference.

To take action today, call us at 513 862 3786 or email us at gshfoundation@trihealth.com.
Take a Tour
Come visit us to see the impact of philanthropy in action. We are happy to arrange a tour with Women’s Services or another area close to your heart.

Visit our new maternity suites or another area of interest.

Honor a Caregiver
Become part of the Grateful Patients and Families Program by sharing your story and making a gift in honor of a doctor, nurse or team member who has made a difference in your life.

“ I wondered, do nurses really deliver the evidence-based, patient-centered, safe, quality care that is essential to good outcomes? Well, my question was unequivocally answered during Joe’s hospitalizations. Yes, this type of nursing care is being delivered on 14AB at Good Samaritan Hospital.” —Grateful Patients Joe and Kelly Beischel

Host a Cause Party
Gather for a cause—you provide the location and guests, we provide a speaker on a topic of interest to you. This is a great way to connect with friends and family by learning how to join us in creating change in our community.

“ To have such knowledgeable, friendly and conscientious nurses make Good Samaritan a real asset to the community and people in need of medical care. When Good Samaritan speaks of good patient care, you need to look no further than Nina, Karen and Corey.” —Grateful Patient
Smith, Jackson and Parker Forbush love playing superheroes. Their choices—Superman, Batman and Spiderman. Each insists on his own costume and imagines his unique powers as they battle it out in their toy room on a Tuesday afternoon in Memphis. Their parents, Matt and Kathleen, along with extended family prepare for the very first birthday party for the youngest Forbush, one-year-old Ruby. For an afternoon, they opened their home, their history and their hearts to us, sharing how philanthropy impacted their lives. This is their story.
“I’ll always remember the day our daughter showed me her ultrasound,” says Diane Smith, Kathleen’s mother: “She asked me what I saw. I just said, ‘I see three dots, what am I missing?’ Kathleen replied, ‘No mom; that’s it!’” Almost four years ago, Kathleen and Matt learned that she was pregnant with triplets. “We didn’t know if we were able to even have children, so when we got the news that I was pregnant with three, we could hardly imagine it,” says Kathleen.

As Kathleen’s pregnancy proceeded normally for a number of months, they prepared by moving into a larger space, getting as ready as anyone could. Then one day, they went for a routine checkup and were thrown into an unimaginable world. Kathleen explains, “Our physician gave us a very serious look and then said, ‘We need to get you to Cincinnati, right now!'” What the physician had seen was a stage IV case of Twin-Twin Transfusion Syndrome (TTTS) with two of the three babies. Without treatment, usually prenatal surgery, TTTS can be fatal for both babies.

For unborn Jackson and Parker, every moment now meant the difference between life and death. The possibility of losing two of their three unborn babies was very real. Kathleen tells us: “We were lucky. We had immediate access to a plane that could get us to Good Samaritan Hospital and didn’t have to drive. Stage IV is so serious that we’ve heard of babies not making it to the hospital in time. Had we driven instead of flown, we can’t be sure how it would have turned out. It was night when we got there, and Dr. Habli was waiting for us. Within moments, we were brought up to speed on the urgency of the situation, and I was immediately given medication to strengthen the boys’ hearts. At 5:00 the next morning, I was taken into surgery.”

A few years earlier, the Good Samaritan Foundation, working with the TriState Maternal Fetal Medicine Associates at Good Samaritan Hospital, had decided to proactively pursue philanthropic funding that would allow for the type of life-saving surgery the Forbushes received. Without our donors, stories like the Forbush’s might be very different. But because of the support, generosity and willingness of donors to pursue tomorrow’s advancements today — miracles happen. We sometimes forget that philanthropy creates heroes: Heroes like Dr. Mounira Habli, our nursing and care teams and our donors themselves.

As we continue our conversation with the Forbushes, Matt’s parents, grandparents to the triplets and their younger sister Ruby, reveal: “We always knew Kathleen was strong, but we couldn’t imagine just how strong. Matt is an amazing son, but even he’d tell you that he leaned on Kathleen during this time. She was that strong. We also know that strength is something that depends on confidence in your medical providers. The doctors and nurses who still check in on our family are truly miracle makers.”

Today, three rambunctious, superhero three-year-olds are playing together as their parents and grandparents look on with smiles. In health care, moments matter—sometimes it’s those moments when we’re being rushed into surgery, sometimes it’s those moments when we stop to imagine a better world through charitable giving. In a story like the Forbush’s, there are many heroes. As a Foundation, we are proud to know so many heroes, like you. Thank you.

To see more of the Forbush family story, watch the video on gshfoundation.com.
Good Samaritan Hospital Guild

In May 2018, the Guild held its annual membership meeting. Led by its Officers, the Guild decided to forge a new path in their longstanding commitment to support key initiatives at Good Samaritan Hospital by partnering with Joseph-Beth Booksellers to carry on the operational services of the gift shop.

The gift shop underwent a renovation and re-opened in July. It now features Joseph-Beth’s selection of everyday essentials, hospital apparel, treats, greeting cards, books, magazines, floral items and more. Through this partnership, the Guild looks forward to a bright future of continuing to fund projects and programs throughout Good Samaritan that enhance care for patients, their families and the community at large.

The Good Samaritans

With more than $8.4 million raised over the past 34 years, The Good Samaritans continue their work to improve health care for the Cincinnati community. During their annual meeting in April, 2018 Gala Chair Holly Mouch made the following distributions from the event:

- **$346,500** Behavioral Health Drug and Alcohol Program
- **$10,000** Good Samaritan Free Health Center
- **$10,000** Medical Education Research Fund

In addition to celebrating the impact of the 2018 Gala, The Good Samaritans set their sights on the 2019 Gala. This year’s Chair is Joyce Lehmann, and her Co-Chair is Melody Weil.
Your Philanthropy Update

**TriHealth/Seton Summer Employment Program**

Young women are the future of women’s health. To prepare them to make an impact, TriHealth, Seton High School and SC Ministry Foundation partnered for a 17th year of the Summer Employment Program, a partnership that helps all organizations fulfill our missions which are rooted in the Sisters of Charity of Cincinnati.

This program was made possible through the generous support of the SC Ministry Foundation, which promotes the mission and ministry of the Sisters of Charity of Cincinnati. Seton students are paired with a TriHealth mentor to gain real-world work experience as a TriHealth team member. This year, 52 students worked with 39 mentors in more than 9 locations, both in clinical and non-clinical settings.

We are proud to be part of this effort that cultivates young women as the future health care workers of our community.

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**Tribute Gifts**

Honoring someone’s life by changing another is gratitude at work. We thank everyone for making gifts in honor or memory of someone special to you.

For the full list of honorees and donors, please visit gshfoundation.com and click on Donor Recognition.

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**Psst...A Hint at What’s Next**

Did you know that approximately 1.7 million people in the United States will be diagnosed with cancer in 2018? Did you also know that the TriHealth Cancer Institute diagnoses and treats more cancer patients than any other health system in Cincinnati?

We look forward to sharing more about our work to turn cancer patients into cancer survivors in our Spring 2019 Issue.
In celebration of National Doctors’ Day on March 30, more than 150 Good Samaritan and TriHealth physicians were recognized by past and current patients and families who made a gift to Good Samaritan Foundation. Patients also wrote notes of thanks along with their gifts. Here is a sample of these words of gratitude:

Dr. Marc Alexander

“I would just like to share how much I appreciate Dr. Alexander. I have been a patient of his for many years and he is truly a professional in every way. He is one of the most knowledgeable doctors I have ever seen. He is straight forward and honest with you when you visit him. He is also a very good Catholic with good morals. What an incredible man. Thank you God for blessing us with Marc Alexander.”

Dr. David Lustig

“Dr. Lustig is a good listener. He explains his diagnosis in a way that addresses my concern. I am pleased with the professional medical care he has shown me.”

Dr. Theresa Aurand

“Dr. Aurand has called me from home on her days off to check on me—she has made herself the front runner in my care. Dr. Aurand is compassionate, she is thorough and she is genuine.”

Dr. Megan Kessler

“Dr. Kessler helped me and my husband through the two hardest days of our lives, delivering our deceased baby. Her kindness and bright and soothing personality made me feel protected and cared for. She has continued to be as encouraging as she was those days each time I have seen her since. Thank you Dr. Kessler for continuing to care. You truly do have a heart of gold.”

Good Samaritan Foundation joins these generous individuals in thanking ALL our talented and compassionate physicians! Below is the list of doctors who received special acknowledgement from Good Samaritan Foundation.

Dr. Elizabeth Alexander  Dr. Marc Alexander  Dr. Robert Attenau  Dr. Aparna Pradeep-Ambe  Dr. Mark T. Andolina  Dr. Theresa A. Aurand Nurre  Dr. Dallas Auivil  Dr. Jack Basil  Dr. Amy Benge  Dr. Stephen Blatt  Dr. Thaddeus Bort  Dr. Kim Brady  Dr. Ranga Brahmamdam  Dr. Kevin Budike  Dr. Mauricio Caceres  Dr. Christopher Carroll  Dr. Rajagopal Chadalavada  Dr. Elise Chambers  Dr. Atul Chandoke  Dr. Mohammed Chaudhry  Dr. Carol Choi  Dr. Sambhu Choudhury  Dr. G. Stephen Cleves  Dr. Francis M. Collins  Dr. Kristen Coppage  Dr. Thomas Coyle  Dr. Edward Crane  Dr. Richard Dammel  Dr. Mark Deutsch  Dr. Emily Dixon  Dr. Diane Dolensky  Dr. Walter E. Donnelly  Dr. James Donovan  Dr. David Draper  Dr. Erik Dunik-Jacobs  Dr. Erhan Erdeger  Dr. Fabiola Feldhaus  Dr. James Fidelholtz  Dr. Allison Finley  Elizabeth Gaitley, PA-C  Dr. Ronald Gall  Dr. Karen Gersch  Dr. Michel Ghasitine  Dr. Freidoon Ghazi  Dr. Diana Girma  Dr. Kevin Grannan  Dr. Thomas Green  Dr. Lynn Gronbach  Dr. Aaron Grossman  Dr. Michelle E. Groves  Dr. Hamza Guend  Dr. Sai K. Hanumanthu  Dr. Joseph Hazen  Dr. Michael Heile  Dr. Clyde Henderson  Dr. David Hess  Dr. Corey Hobbs  Dr. Terri Hoopes  Dr. Joseph Huschert  Dr. Robert Hutchins  Dr. Seth Isaacs  Dr. Andrew S. Islam  Dr. Meenakshi Iyer  Dr. Amie Jackson  Dr. Kathryn Jadeed  Dr. Lincoln Jimenez  Dr. Peter J. Kambelos  Dr. George Kerlakian  Dr. Megan Kessler  Dr. Sara Khaja  Dr. Rashi Khodorad  Dr. Anton Khouri  Dr. Thomas Kiefhaber  Dr. David Kirkpatrick  Dr. Elie Klam  Dr. Steven Kleeman  Dr. Tara Knipper  Dr. Regina Kohls  Dr. Eric J. Kuhn  Dr. Paula LaFranconi  Dr. Donna Lammers  Dr. Lee Lautman  Dr. James Leonard  Dr. Joann Lohr  Dr. Don Scott Long  Dr. John Loughrey  Dr. David Lustig  Dr. Sonina Macavei  Dr. James F. Maher  Dr. Shaia Mallick  Dr. Michael Marotte  Dr. William Martin  Dr. Scott Massa  Dr. Paul Massoud  Dr. Gina Matacin-Murphy  Dr. Sajini Mathew  Dr. C.G. Toby Mathias  Dr. Joshua B. Max  Dr. Farzad Mazloomi  Dr. Timothy McCraren  Dr. Malinda McCoy  Dr. Nancy McDonough  Dr. Christopher McPherson  Dr. Apurva Mehta  Dr. Juan Mejia  Dr. Patrick Muck  Dr. Ekta Nayer  Dr. Alison Perkins Nett  Dr. Sharon Nicholas  Dr. Lee Niemer  Dr. Andrew Parchman  Dr. Stephen Park  Dr. James Pavelka  Dr. Allan R. Peck  Dr. Joyce Philip  Dr. Douglas Puterbaugh  Dr. Nicole Puterbaugh  Dr. Robert A. Raines Jr.  Dr. William Rath  Dr. Matthew Recht  Dr. David Reed  Dr. Kevin Reilly  Dr. Raymond Reuss  Dr. Andrew Ringer  Dr. Michael T. Rohmiller  Dr. Robert Rolf  Dr. Geoffrey Rose  Dr. Mark Rudemiller  Dr. Dianne M. Runk  Dr. Alexander Saba  Dr. Apurva Mehta  Dr. Juan Mejia  Dr. Patrick Muck  Dr. Ekta Nayer  Dr. Alison Perkins Nett  Dr. Sharon Nicholas  Dr. Lee Niemer  Dr. Andrew Parchman  Dr. Stephen Park  Dr. James Pavelka  Dr. Allan R. Peck  Dr. Joyce Philip  Dr. Douglas Puterbaugh  Dr. Nicole Puterbaugh  Dr. Robert A. Raines Jr.  Dr. William Rath  Dr. Matthew Recht  Dr. David Reed  Dr. Kevin Reilly  Dr. Raymond Reuss  Dr. Andrew Ringer  Dr. Michael T. Rohmiller  Dr. Robert Rolf  Dr. Geoffrey Rose  Dr. Mark Rudemiller  Dr. Dianne M. Runk  Dr. Alexander Saba  Dr. Dr. Karen Gersch  Dr. Michelle Gholzine  Dr. Freidoon Ghazi  Dr. Diana Girma  Dr. Kevin Grannan  Dr. Thomas Green  Dr. Lynn Gronbach  Dr. Aaron Grossman  Dr. Michelle E. Groves  Dr. Hamza Guend  Dr. Sai K. Hanumanthu  Dr. Joseph Hazen  Dr. Michael Heile  Dr. Clyde Henderson  Dr. David Hess  Dr. Corey Hobbs  Dr. Terri Hoopes  Dr. Joseph Huschert  Dr. Robert Hutchins  Dr. Seth Isaacs  Dr. Andrew S. 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Max  Dr. Farzad Mazloomi  Dr. Timothy McCraren  Dr. Malinda McCoy  Dr. Nancy McDonough  Dr. Christopher McPherson  Dr. Apurva Mehta  Dr. Juan Mejia  Dr. Patrick Muck  Dr. Ekta Nayer  Dr. Alison Perkins Nett  Dr. Sharon Nicholas  Dr. Lee Niemer  Dr. Andrew Parchman  Dr. Stephen Park  Dr. James Pavelka  Dr. Allan R. Peck  Dr. Joyce Philip  Dr. Douglas Puterbaugh  Dr. Nicole Puterbaugh  Dr. Robert A. Raines Jr.  Dr. William Rath  Dr. Matthew Recht  Dr. David Reed  Dr. Kevin Reilly  Dr. Raymond Reuss  Dr. Andrew Ringer  Dr. Michael T. Rohmiller  Dr. Robert Rolf  Dr. Geoffrey Rose  Dr. Mark Rudemiller  Dr. Dianne M. Runk  Dr. Alexander Saba  Dr. Kurt Schibler  Dr. Francis J. Schlueuter  Dr. Mark Schrand  Dr. Stephen Schuermann  Dr. Kimberly Seltzer  Dr. Puvi Seshiah  Dr. Michael L. Shehata  Dr. Rostni Shetty  Dr. Samantha Shirk  Dr. Kevin Shumrick  Dr. Matthew Simon  Dr. J. Michael Smith  Dr. Mark Snyder  Dr. Kirubel Tefera  Dr. Joseph D. Thomas  Dr. Christopher Thoresen  Dr. Joseph Thorpe  Dr. Kevin M. Tymitz  Dr. Jennifer M. Walker  Dr. Christine M. Wallace  Dr. Jacqueline Ward  Dr. Barbara Wexelman  Dr. John Wilson  Dr. David Wiltse  Dr. Marshall Winner  Dr. Lisa Yang
Helen Lowe is not your typical 41-year-old single mom. Her recent application letter to Good Samaritan College of Nursing and Health Science reveals: “In 2008, when I was pregnant with our 6th child, we found out that my husband had a malignant brain tumor. The past 9 years have been painful and difficult, and in February of this year, Matt lost his battle to brain cancer. Additionally, in January of 2014, two of my older children and their friend were walking on the sidewalk in front of their school when a car flew onto the sidewalk and hit them. Their friend died on the scene, and my daughter suffered severe injuries, which resulted in months of rehabilitation.”

When we met Helen in July of this year—we did not meet a defeated mother. Instead, we met a hopeful, bright and one of the most delightful individuals you’ll ever meet in this world. Helen beams when she talks about what makes each of her children special, such as 9-year-old Piper’s artistic ability and positive attitude. She explains: “When I realized I would need to provide financially for my family, the very first career choice that came to mind was nursing. Throughout my husband’s illness and my daughter’s accident, we were well cared for by many nurses. I found that it was the men and women who took care of us on a daily basis that really affected our stay for the better or worse. I knew that I wanted to use some of the pain in my life to help others.”

The Cora Budde Scholarship was first created by Bill Budde, PhD and his family in 2007 to honor their Great Aunt Cora, a 1921 graduate of the Good Samaritan Hospital School of Nursing and a Cincinnati nurse for 50 years. For Bill and his family, helping amazing individuals like Helen was always the goal. Bill tells us, “What impressed me most about Helen’s scholarship application was, in spite of all the difficulty in her life, it was clear she was dedicated to becoming a really good nurse.”

Helen’s final words of encouragement in our time together are: “I hope this scholarship proves to others, to my kids, to never give up, to have hope and to continue to fight for your dreams. That’s what this scholarship has brought to our family—hope.” At the Foundation, we believe in dreams and are proud to now call Helen part of our family. Good luck Helen, never give up!

If you’re interested in finding out more about how you can contribute or play a role in scholarships at Good Samaritan College, contact the Foundation today. To see the full list of scholarships and recipients, visit our website and click on Donor Recognition.
Two Powerful Words

THANK YOU

“Thank you.” These two words that have a big impact! The Grateful Patients and Families Program gives patients and their loved ones the opportunity to support Good Samaritan Hospital while saying “thank you” to caregivers who made a difference during their stay. Your gratitude and generosity is felt by each recipient and makes a difference to the patients we serve. Please take the time to show your appreciation by making a gift in honor of a physician, nurse or team member who has shown compassion and provided quality, competent care.

For more stories or to share your own, visit the Grateful Patients and Families page on gshfoundation.com.

Dr. Draper and the TriHealth Cancer Institute team

“I am under Dr. Draper’s care for cancer. This is our small way of saying thanks to Dr. Draper for his gentle yet honest companionship on this long and difficult journey. Dr. Draper embodies the Spirit of Compassion for which Good Samaritan Hospital can be justifiably proud. In fact, everyone in his Cheviot office follows the example of the Good Samaritan that Dr. Draper sets for them.”

Kathy Flaherty, RN and Grateful Patient Robert Davis

“This letter is long overdue. I want to commend your employee, Kathy Flaherty, who is an Emergency Room nurse at Good Samaritan Hospital.

On the morning of January 28th, 2011 I was taken to the Emergency Department at Good Samaritan Hospital after falling on the ice while spreading salt. Kathy Flaherty was most comforting, professional and helpful to me at a time of need. Ms. Flaherty is a great credit to your hospital and to the nursing and medical profession. I appreciate the attention and care which was given to me at a time of great need.”