



TriHealth
Fitness & Health Pavilion

TriHealth.com/Fitness Pavilion

Sports Arena Schedule

January–March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Family Gym (Half Court) 7a.m.–Noon	Boot Camp 5:30-6:15 a.m. (Full Court)		Boot Camp 5:30-6:15 a.m. (Full Court)		Boot Camp 5:30-6:15 a.m. (Full Court)	*Family Gym (Full Court) 7-9 a.m.
Pickleball (Far Court) 7a.m.–Noon	H.I.I.T 9:30-10 a.m. (Near Court)	Boot Camp 6- 6:55 a.m. (Full Court)		Open Gym 7 a.m. - 9 a.m. (Half Court)		
9a.m. - 12 p.m. 3/29/20 Sports Arena CLOSED Special Event	Pickleball 10:30 a.m.- Noon (Far Court)	Core 10:35-11:15 a.m. (Near Court)	Pickleball 10:30 a.m.- Noon (Far Court)		H.I.I.T 9:15-10 a.m. (Near Court)	TRX 9:15-10:15 a.m. (Full Court)
	Men's Pick-up Basketball ages 25+ 10:30 a.m.–Noon (Near Court)		Men's Pick-up Basketball ages 25+ 10:30 a.m.–Noon (Near Court)		Men's Pick-up Basketball ages 25+ 10:30 a.m.–Noon (Near Court)	Young Professionals Basketball 10:15 a.m. – 12:30 p.m.
Private VB Rental 12-3:30p.m. (Full Court) Jan-May	Everything Class Noon-1 p.m. (Half Court)	Pickleball 10:30 a.m-1 p.m. (Mid & Far Court)	Open Gym Noon- 2 p.m. (Full Court)	TRX 10:30-11:30 a.m. (Near Court)	Everything Class Noon- 1p.m. (Half Court)	
Shine Training Beginning 2/16 4-6 p.m. (Full Court)				Pickleball 10:30 a.m-1 p.m. (Mid & Far Court)	Open Gym 1-3 p.m. (Far Court)	Private Volleyball Rental 1-7 p.m. (Full Court) Jan- May
	Shine Training Beginning 2/16 2-4:30p.m (Full Court)	Shine Training 2-5:25p.m. Beginning 2/16 (Half Court)	Shine Training Beginning 2/16 2-4:30p.m. (Half Court)	Shine Training Beginning 2/16 2-6:30p.m. (Far Court)	Pickleball 3:00-6:00 p.m. (Far Court)	
Closed		TRX Bootcamp 5:25-6:25 p.m. (Half Court)	Private Volleyball Rental 3:30-9 p.m. (Full Court) Jan- May	Private Volleyball Rental 3:30-6 p.m. (Near & Mid Courts) Jan- May	Shine Training Beginning 2/16 2-7p.m. (Half Court)	*Family Gym (Full Court) 5:30-7 p.m. (KLC Jr. Gym) Jan- May
	Private Volleyball Rental 3:30-9 p.m. (Full Court) Jan-Apr	Young Professionals Basketball 6:30-9:30 p.m. (Full Court)		Young Professionals Basketball 6:30-9:30 p.m. (Full Court)	Private Basketball Rental 7-8 p.m. (Full Court) Sports Arena CLOSED 10/25-1/31	
					Closed	Closed

Facility Hours

Monday–Thursday

5:15 a.m.–10 p.m.

Friday 5:15 a.m.–9 p.m.

Saturday 7 a.m.–7 p.m.

Sunday 7 a.m.–6p.m.

- **Pickleball is OPEN PLAY.** It can also be played during OPEN GYM times. Equipment is available for setup.
- **No Food or Drinks** are allowed in the Sports Arena.
- No street shoes are allowed on the Sports Arena Floor- **ONLY Athletic Shoes.**
- **No Chairs** are allowed on the Sports Arena floor when the tarp is not in use.
- Open Basketball/Open Gym times are for members and guests, **ages 14 and older.**
- *****Family Gym:** Families with children under the age of 14 can play in the gym. Any child under the age of 14 must be accompanied by a parent during this time.

Contact LaShaunda Jones at 513 246 2647 for more info to register for Pavilion programs or for rental details.