



TriHealth
Fitness & Health Pavilion

TriHealth.com

Sports Arena Schedule

May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Family Gym 7a.m.–Noon (Far Court)		Boot Camp 6- 6:55 a.m.				*Family Gym 7–10:30 a.m. (Far Court)
Open Gym 7 a.m.–2 p.m. (Half Court)	20/ 20/20 9:15–10:15 a.m.	*Family Gym 8 a.m.–Noon (Half Court)		Boot Camp 6- 6:55 a.m.	S.W.E.A.T. 9:15–10:15 a.m.	Body Sculpt 8–9 a.m.
	Men's Pick-up Basketball ages 25+ 10:30 a.m.–Noon (Near Court)		Men's Pick-up Basketball ages 25+ 10:30a.m.–Noon (Near Court)	TRX 10:35–11:35 a.m.	Men's Pick-up Basketball ages 25+ 10:30 a.m.–Noon (Near Court)	TRX 9:15–10:15 a.m.
		Pickleball Noon–3 p.m. (Middle & Near Court)		Pickleball Noon–3 p.m. (Middle & Near Court)	Everything Class 12:05 - 1:05 p.m. (Full Court)	Young Professionals Basketball 10:15 a.m.– 12:30 p.m. (Near Court)
		Boot Camp Noon–1 p.m. (Full Court)	Open Gym 1–3 p.m. (Near Court)	Open Gym Noon–3 p.m. (Full Court)	Open Gym Noon–5 p.m. (Near Court)	Private Volleyball Rental 1–4:30 p.m. (Full Court)
						*Rental Ends 5/14
*Family Gym 2–4 p.m. (Far Court)					Open Gym 1:05–9 p.m. (Full Court)	
Young Professionals Basketball 4–6 p.m. (Full Court)	Open Gym 2–5 p.m. (Half Court)	*Family Gym 3–5:30 p.m. (Full Court)		Private Basketball Rental 5–6:15 p.m. (Near Court)		*Family Gym 5:30–7 p.m. (Full Court)
					Open Gym	
Closed	Open Gym 1–10 p.m. (Far Court)	Young Professionals Basketball 6:30–10 p.m. (Full Court)	Private Volleyball Rental 4 - 9 p.m. (Full Court) *Rental Ends 5/18	Young Professionals Basketball 6:30–10 p.m. (Full Court)	Closed	Closed

Facility Hours

Monday–Thursday

5:15 a.m.–10 p.m.

Friday 5:15 a.m.–9 p.m.

Saturday 7 a.m.–7 p.m.

Sunday 7 a.m.–6 p.m.

- Sports Arena will be CLOSED May 31- June 3 due to Summer Camps.
 - Open Basketball/Open Gym times are for members and guests, ages 14 and older.
 - Please contact LaShaunda Jones at 513 246 2647 for more information, to register for Pavilion programs, or for rental details.
- *Family Gym: Families with children under the age of 14 can play in the gym. Any child under the age of 14 must be accompanied by a parent during this time.