

KIDS' LIFE CENTER AND JUNIOR GYM

Kids' Life Center

- Participation in the Kids' Life Center is included for children who are members. Otherwise, there is a \$7.00 charge per visit per child for member's children and \$8.00 per visit per child for guests' children.
- Parents are expected to complete a **Pre-Participation Form** (form can be found at the Kids' Life Center reception desk), if regular use of the Kids' Life Center is expected.
- The TriHealth Fitness & Health Pavilion asks that you do not bring your children when they are sick. Management reserves the right to refuse child care due to illness. The Pavilion also asks that if your child comes down with a contagious illness (e.g. Chicken Pox, etc.) the parents notify the Pavilion so that we in turn may notify other members who used the Kids' Life Center during the same time. In addition, please inform us if your child has any physical problems or and health information that we should know on the Pre-Participation Form.
- If someone other than the person who dropped off the child will be picking them up, the Kids' Life Center staff must be notified and the name of the person picking up the child must be written on the child's sticker. Identification will be required in order for that person to take the child with them.
- There is a **2-hour maximum time limit** for children to be in the Kids' Life Center. Parents should schedule their workouts accordingly. Late charges will be charged to your account at the rate of \$1 per minute for each minute late if you are more than 5 minutes late picking up your child.
- Please make sure children are properly dressed and are wearing gym shoes or close toed shoes if they would like to use the Kids' Life Center Jr. Gym.
- Diaper changing will be the responsibility of the parent.
- Toys are provided. Toys from home are not permitted. If a child insists on bringing in a toy from home, please note that we are not responsible for lost, stolen, or broken toys.
- **No food, bottles, or sippy cups** are allowed in the Kids' Life Center. Mother's are welcome to nurse their infants in the nursery.
- Parents will be notified of any disciplinary problems the staff is having with a child. Continuous disruptions may result in suspension of Kids' Life Center privileges.

- Breastfeeding is welcomed. Please ask Kids' Life Center staff for our designated area.
- Children are permitted to use the indoor pools during **designated family swim times**.
- The outdoor pool is open to children without restriction during operating hours. Children under the age of 8 must be accompanied by a parent or guardian.
- Children under age 13 are restricted from the general locker room area, but are permitted to change in the Gender Neutral Changing Rooms and Pool Changing Rooms. Diaper stations are provided.
- Children under the age of 13 are restricted from the fitness floor, indoor pools, sports arena, and aerobic studios except during the designated family times and special programs.
- Parents with children in diapers or who have separation anxiety may take a pager if one is available. We will hold on to your car keys while the pager is in your possession. When you come to pick up your child, simply return the pager and your keys will be returned to you.
- Only children ages 11-13 are allowed to bring in electronic devices (such as cell phones or tablets) while in the tween area. The Kids' Life Center will not be held responsible for any lost or damaged devices.

Junior Gym

- For the safety of your child, we recommend that they wear close-toed athletic shoes to the Kids' Life Center. All shoes must have non-marking soles.
- Food, drinks, chewing gum, and candy are prohibited.
- Profanity, spitting, or fighting will not be tolerated and will be reported to parents. If there are 2 or more repeated incidents, usage of the Kids' Life Center may be suspended for a designated period of time and membership refunds not provided.
- Injuries or accidents should be reported to the Kids' Life Center staff immediately.
- Children are not allowed to play in the hallways or closets.
- Equipment and balls will be provided by the Kids' Life Center.
- Gym equipment and balls should remain in the gymnasium.

Continued on back

- Only children ages 3-5 are allowed on the Kids' Fitness Equipment (air walker, trampoline, and stationary bike).
- Only children age 9 and under are permitted in the bounce house.
- All children must wear socks in the bounce house.
- Children may bring their own roller blades from home. Helmets must be worn while using roller blades in the Kids' Life Center. Roller blades are not permitted on the mats.
- The mats must remain on the ground or on top of other mats. They may not be placed on top of scooters.
- There is to be no standing on the scooters or crashing the scooters into other children on scooters, the walls, or toys.
- Jump ropes are made for jumping and are not to be tied to anything. Jump ropes and hula hoops may not be used to pull or push children in scooters.
- There is no flipping, kicking or tumbling allowed in the bounce house. When sliding in the bounce house, children should slide feet first.

KIDS' LIFE CENTER SAFETY & SECURITY PROCEDURE

Security

There is a magnetic lock on the activity room door. The door between the reception area and the activity room is the **ENTER** door. The **EXIT** door is the 1/2 door by the restrooms at the front desk area.

Check In Process

- To check in your child(ren) simply fill out a sticker for each child. One child will have the information sticker and the additional children will have name stickers. On each sticker, you need to fill in your family identification #. These numbers will be matched with your # on your membership card for check out. Access will then be permitted into the activity room.
- If you do not have your membership card with you, you will need to wear a sticker with a temporary # that will be assigned that day by the Kids' Life Center staff. Your child(ren) will also be assigned that same temporary number for that day.
- The KLC staff will keep a running attendance sheet as you are checking your child(ren) in/out of the Kids' Life

Center. They will record your pager or cell phone number at the time of check in.

- Parents/guardians must be present when checking in.
- Guests or infrequent users will need to wear a sticker with a guest number that will begin with "G". A family ID# is not required for these members/guests.

Check Out Process

- To check your child(ren) out of the Kids' Life Center, return your pager and show the Kids' Life Center staff your family ID#. Upon confirmation of your ID# they will buzz you in to the activity room. Once you gather your child(ren) and your belongings, please exit **through the gym** and proceed to the 1/2 door by the restrooms in the reception area. When you are ready to leave, simply hand the Kids' Life Center desk staff the stickers of each of your child(ren). They will match this to your family ID# and will buzz you out of the Kids' Life Center.