

Sports Arena Schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 a.m.		Boot Camp Full Court 5:40 a.m.				Boot Camp Full Court 5:40 a.m.	
6:00 a.m.							
6:30 a.m.							
7:00 a.m.		TRX Near Court 7-8 a.m.	HIIT Full Court 7-8 a.m.				
7:30 a.m.							
8:00 a.m.							Tabata Court 8-9 a.m.
8:30 a.m.							
9:00 a.m.				TRX Near Court 9-10 a.m.			
9:30 a.m.					TRX Near Court 9:30-10:30 a.m.	Boot Camp Full Court 9:30-10:30 a.m.	
10:00 a.m.		Pickleball Full Court	Family Gym Near and Middle Courts	Pickleball Full Court			Adult Basketball Half Court
10:30 a.m.							
11:00 a.m.							
11:30 a.m.							
12:00 p.m.							
12:30 p.m.	Lineshot VB Full Court 12:30-3:30 p.m. 10/17, 10/24, 10,31	Adult Basketball Half Court	Pickleball Full Court	Adult Basketball Half Court	Pickleball Full Court	Pickleball Full Court	
1:00 p.m.							
1:30 p.m.							
2:00 p.m.							
2:30 p.m.							
3:00 p.m.							
3:30 p.m.							
4:00 p.m.							
4:30 p.m.							
5:00 p.m.						Family Gym Near and Middle Courts	
5:30 p.m.							
6:00 p.m.							
6:30 p.m.			Shine Basketball Training Half Court 6-8 p.m.		Shine Basketball Training Half Court 6-8 p.m.		
7:00 p.m.							
7:30 p.m.							
8:00 p.m.							

Open Gym
 Open Gym
 Closed