



## Community Resources

For mental health, substance abuse, and transportation services contact your health insurance provider. For a complete general resource finder call **211** for United Way or search by zip code on [FINDHELP.ORG](http://FINDHELP.ORG).

\* Call 911 in active crisis \*

### Domestic Violence

**Women Helping Women** 513 381 5610  
[www.womenhelpingwomen.org](http://www.womenhelpingwomen.org)

**YWCA of Greater Cincinnati** 513 872 9259  
[www.ywcacincinnati.org](http://www.ywcacincinnati.org)

### Food Resources

**Free Store Foodbank** 513 482 4500  
[www.freestorefoodbank.org](http://www.freestorefoodbank.org)

**Council on Aging (Meals on Wheels)** 513 721 1025  
[www.help4seniors.org](http://www.help4seniors.org)

**The Social Care Network**  
[www.findhelp.org](http://www.findhelp.org)  
Search for pantries and assistance by zip code.

**Ohio Department of Job & Family Services**  
1 844 640 6446 • [www.jfs.ohio.gov](http://www.jfs.ohio.gov)  
Apply for SNAP or food stamps.

**Meals on Wheels American**  
[www.mealsonwheelsamerican.org](http://www.mealsonwheelsamerican.org)

### Housing

**Butler County Metropolitan Housing**  
513 896 4411 • [www.butlermetro.org](http://www.butlermetro.org)

**Central Access Point Helpline** 513 381 SAFE  
[www.strategiestoendhomelessness.org/](http://www.strategiestoendhomelessness.org/)  
Centralized shelter assistance.

**Clermont County Metropolitan Housing**  
513 732 6010 • [www.clermontmha.org](http://www.clermontmha.org)

**Department of Housing & Urban Development (HUD)**  
[www.hud.gov/states/ohio](http://www.hud.gov/states/ohio)

**Hamilton County Metropolitan Housing**  
513 721 4580 • [www.cintimha.org](http://www.cintimha.org)

**Greater Cincinnati Homeless Coalition** 513 421 7803  
<https://cincihomeless.org/>

**People Working Cooperatively** 513-351-7921  
<http://www.pwchomerepairs.org/>  
Income guidelines apply.

**Warren County Metropolitan Housing**  
513 695 3380 • [www.warrenmha.org](http://www.warrenmha.org)

### Insurance

**Health Exchange** 1 800 318 2596  
<https://www.healthcare.gov>

Apply during open enrollment/after a qualifying life event.

**Medicare** 1 800 633 4227  
<https://www.medicare.gov/>

**Ohio Medicaid** 1 844 640 6446  
<https://jfs.ohio.gov/ofam/index.stm>

**OSHIIP** 1 800 686 1578  
<https://insurance.ohio.gov/about-us/divisions/oshiip>  
Free health insurance education for Medicare recipients.

### Legal Resources

**Pro Senior Inc.**  
513 345 4160 • [www.proseniors.org](http://www.proseniors.org)  
Legal Helpline for Ohio Residents age 60 and over.

**Legal Aid Society of Greater Cincinnati**  
1 800 582 2682 • [www.lascinti.org](http://www.lascinti.org)

**Ohio Legal Help**  
[www.ohiolegalhelp.org](http://www.ohiolegalhelp.org)

### Medication Assistance

**Cost Plus Drug Company**  
[www.costplusdrugs.com](http://www.costplusdrugs.com)

**Good Rx – Medication Coupon Search**  
1 855 268 2822 • [www.goodrx.com](http://www.goodrx.com)

**Needy Meds**  
1 800 503 6897 • [www.needymeds.org](http://www.needymeds.org)  
A comprehensive search for medication assistance.

**St. Vincent DePaul Pharmacy** 513 562 8841  
[www.svdpcincinnati.org/pharmacy](http://www.svdpcincinnati.org/pharmacy)  
Income guidelines apply.

### Tips for faster assistance

- Have a valid ID, your birth certificate, & social security card
- Apply for assistance immediately.
- Apply for health insurance as soon as possible. There is no cost insurance for individuals with low or no income.

## Mental Health & Substance Abuse

**Bethesda Drug and Alcohol Treatment**  
513-589-6011 • [www.trihealth.com](http://www.trihealth.com)

**Greater Cincinnati Behavioral Health Services**  
513-354-5200 • [www.gcbhs.com](http://www.gcbhs.com)

**Mental Health Access Point** 513 558 8888  
[www.mentalhealthaccesspoint.org](http://www.mentalhealthaccesspoint.org)

**NAMI – Southwest Ohio** 513 351 3500  
[www.namiswoh.org](http://www.namiswoh.org)

**Psychology Today**  
[www.psychologytoday.com](http://www.psychologytoday.com)  
*Search for mental health providers by zip code*

**SAMHSA**  
[www.samhsa.gov](http://www.samhsa.gov)  
*Mental health & substance abuse providers by zip code*

**Talbert House** 513 281 2273  
<https://www.talberthouse.org/>

## Mobile Crisis – County Specific

**Butler Co. Mobile Crisis** 1 844 427 4747

**Clermont & Brown Co. Mobile Crisis** 513 528 7283

**Hamilton Co. Mobile Crisis** 513 584 5098

**Warren & Clinton Co. Mobile Crisis** 1 877 695 6333

## Rent & Utility Assistance

**Butler Co. Community Action (SELF)**  
513 868 9300 • [www.selfhelps.org](http://www.selfhelps.org)

**Clermont Co. Community Service, Inc.**  
513 732 2277 • [www.cccsi.org](http://www.cccsi.org)

**Hamilton Co. Community Action** 513 569 1840  
[www.cincy-caa.org](http://www.cincy-caa.org)

**Saint Vincent DePaul** 513 562 8841  
[www.svdpcincinnati.org](http://www.svdpcincinnati.org)

**The Salvation Army** 513 762 5660  
[www.easternusa.salvationarmy.org/greater-cincinnati](http://www.easternusa.salvationarmy.org/greater-cincinnati)

**Warren Co. Community Services, Inc.**  
513 695 2100 • [www.wccsi.org](http://www.wccsi.org)

## Senior Resources

**Council on Aging** 513 721 1025  
[www.help4seniors.org](http://www.help4seniors.org)

**Butler Co. Elderly Services Program/Lifespan**  
513 868 9281 [www.butlercountyohio.org/elderlyservices](http://www.butlercountyohio.org/elderlyservices)

**Clermont Senior Services** 513 724 1255  
[www.clermontseniors.com/](http://www.clermontseniors.com/).

**Hamilton Co. Elderly Services** 513 721 1025  
[www.help4seniors.org](http://www.help4seniors.org)

**Warren Co. Elderly Services** 513 695 2271  
[www.co.warren.oh.us/ElderlyServices.aspx](http://www.co.warren.oh.us/ElderlyServices.aspx)



## Social Security

**Social Security Administration** 1 800 772 1213  
<https://www.ssa.gov/>

## Transportation

**Butler County Regional Transit Authority**  
513 785 5237 • [www.butlercountyrta.com](http://www.butlercountyrta.com)

**Clermont Transportation Connection**  
513 732 7433 • [www.ctc.clermontcountyohio.gov](http://www.ctc.clermontcountyohio.gov)

**Hamilton – Metro**  
513 621 4455 • [www.go-metro.com](http://www.go-metro.com)

**Warren County Transit Service**  
513 695 2980 • [www.co.warren.oh.us/transit](http://www.co.warren.oh.us/transit)

**Hamilton – Home 52**  
513 621 4455 • [www.home52.org](http://www.home52.org)  
*Provides low-cost transportation options to older adults and people with disabilities.*

## Veteran's Resources

**Cincinnati VA Medical Center** 513 861 3100  
[www.va.gov/cincinnati-health-care](http://www.va.gov/cincinnati-health-care)

**Veteran Benefits** 1 800 698 2411  
[www.va.gov/health-care/apply/application](http://www.va.gov/health-care/apply/application)

**Veteran Crisis Line** 988 Press 1  
Text: 838255  
[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

**Volunteers of America** 513 322 5170  
[www.voahin.org](http://www.voahin.org)

## Vision & Dental

**Cincinnati Health Department Dental Services**  
513 357 7320 • *Multiple locations*  
[www.cincinnati-oh.gov/health](http://www.cincinnati-oh.gov/health)

**Greater Cincinnati Association for the Blind**  
513 221 8558 • [www.cincyblind.org](http://www.cincyblind.org)

**Roselawn Eye Clinic**  
513 654 2216 • [www.ceifoundation.org](http://www.ceifoundation.org)

**University Dental Clinic** 513 584 6650  
[www.uhealth.com/services/dental-center](http://www.uhealth.com/services/dental-center)

**Vision Coalition of Cincinnati (Lion's Club)**  
513 322 5170 • [www.vcgc.org](http://www.vcgc.org)

Inclusion in this listing is not endorsed by TriHealth. Resources subject to change without notice. Income guidelines may apply for some services/agencies.