

INSTRUCTIONS FOR OUTPATIENT LIVER BIOPSY

Location of Procedure: {endo locations:17161}	
DATE: ***	Arrival Time: ***
PHYSICIAN: {tdi providers:16561}	Procedure Time: ***

Please read these entire instructions several days before your actual procedure appointment.

Prior to Procedure

NOTHING TO EAT OR DRINK after midnight the night before your procedure.

NO hard candy or chewing gum

Blood work must be completed before your test.

If you have any question, please call our office during regular business hours. You will be at the facility approximately 2-4 hours. Please make sure you arrange for someone to bring you to the procedure and most importantly, drive you home from your procedure. If you don't have a driver your procedure will be cancelled. There must be someone responsible for your welfare such as a friend or family member. You will not be allowed to leave the facility ALONE in a cab.

All current medications that you are taking should be continued in routine dosage unless you are taking prescribed blood thinners, iron, diabetic medications, Vitamin E or Fish Oil. If applicable, your specific instructions should be indicated below if you are on any of these types of medications. Please note that you should not stop taking your blood thinners until you get the OK with instructions from your doctor.

In addition, If you are taking Fish Oil or Vitamin E please stop taking 7 days prior to your procedure. If you take a diuretic/waterpill, don't take it the morning of your procedure.

Your Specific Medication Instructions:

You are on anticoagulation medication: {prep coag:18837}
You are on diabetic medication: {diabetic:18797}
You are on Iron Medication: {iron for preps:18794}

ASPIRIN: STOP 3 DAYS PRIOR TO PROCEDURE ALL ASPIRIN OR ASPIRIN CONTAINING PRODUCTS.

If you are unable to keep this appointment you must give 72 hours notice (3 days) to allow us to fill this appointment time with another patient, or you may be subject to a \$75.00 no show charge. This fee is not covered by your insurance.

There may be times when we leave Personal Health Information on your answering machine. If you do not wish for us to do this, please call the office.

It is common for the biopsy site to be tender for a few weeks. In addition you may note an occasional sharp pain in your side or shoulder if you take a deep breath, cough, or suddenly change your position. These symptoms are common and should resolve within one to two weeks time.

You may NOT take anti-inflammatory agents or anticoagulants (blood thinners) for 1 week after your biopsy. Tylenol is safe to use for pain. You should resume taking all other regularly prescribed medication after the biopsy, unless otherwise instructed.

Avoid lifting, pushing, or pulling heavy object (over 10-15 pounds) for one week after your biopsy. You may resume your usual activities the day after your biopsy, aside from the exceptions mentioned above.

If you have worrisome symptoms, urgent questions or other concerns, please contact your physician at office number above.