



## Psychosocial Oncology Services

**The Psychosocial Oncology Program at TriHealth Cancer Institute works with patients to reduce emotional distress and improve quality of life while going through cancer treatment.**

At the TriHealth Cancer Institute, we believe in caring for the “whole person,” not just the physical aspects of your illness. This means attending to your emotional, social and spiritual needs, as well as your physical condition. The Psychosocial Oncology Program serves our patients and families from diagnosis through treatment and into survivorship with services to help you cope with the emotional, social, spiritual and psychological impact. This team includes social work and behavioral health services.

**What are “Psychosocial Oncology” services and how can they help me and my loved ones? How much does it cost? Where do I go? What is the goal of these services?**

Simply stated, the goals of the Psychosocial Oncology Program at the TriHealth Cancer Institute are to reduce excessive distress, improve functioning and to address psychological, social and other barriers to improved cancer treatment outcomes. These services include supportive therapy, family/caregiver support, spiritual support, and community resource referrals.

Psychosocial Oncology services are at no cost to you. The services are part of our commitment to integrated care for you, the “whole person.”

**Where are Psychosocial Oncology services offered?** We believe that integrated services should be offered in a setting where other treatment and intervention occurs. If we can schedule a time to meet you before or after an existing appointment at TriHealth, this is preferred. If not, we will schedule to meet you at a convenient TriHealth location. If we are unable to connect with you face to face, we will do our best to meet your needs over the telephone.

Our goal is to help patients and their families maintain the best quality of life during and after treatment. We work with you and your care teams to define your concerns and develop individual plans to cope with the emotional stress cancer may bring.

**How to obtain Psychosocial Oncology services when you need them?**

There are three ways to accomplish this:

1. You can ask your Doctor for a referral;
2. You can schedule with front desk staff when you are on site for another treatment procedure;
3. Or you can schedule by contacting our front desk staff at **513-853-1300**.

It is important to note, sometimes your care team will refer you to these services if he or she sees a need arise. This is because we know with appropriate interventions patients can have an improved quality of life and are able to manage their treatment better. In fact, some studies suggest that there are better outcomes in cancer care if areas of distress are addressed.